



### Sportfedern 28688 - 1

#### Vorderachse (VA) Fortsetzung:

4. **Empfohlenes Einstellmaß X VA, Abb. 1:**
- |                             |                     |
|-----------------------------|---------------------|
| <b>488 GTB &amp; Spyder</b> | <b>245 - 265 mm</b> |
| <b>F8 Tributo</b>           | <b>240 - 250 mm</b> |
- (siehe TGA)*

(Abstandsmaß zwischen Federteller Oberkante bis nach unten zur Mitte Dämpferklemmschraube)

5. Die serienmäßigen Anschlagpuffer werden wiederverwendet, **Abb. 1.**
6. Feder-Dämpfer-Einheit mit der H&R Feder wieder zusammenbauen (Beschriftung in Einbaulage lesbar). Die Montagehinweise und Anzugsdrehmomente entnehmen Sie bitte den Herstellerunterlagen.
7. Feder-Dämpfer-Einheit nach Herstellerangaben im Fahrzeug montieren, **Abb. 2.**

**Achtung:**  
**Feder-Dämpfer-Einheit nicht „verspannt“ einbauen. Siehe allgemeine Einbauanweisung!**

#### Hinweis:

Zum Korrigieren der Fahrzeughöhe ist die Feder-Dämpfer-Einheit auszubauen und zu zerlegen.

#### Hinterachse (HA) Fortsetzung:

7. Feder-Dämpfer-Einheit nach Herstellerangaben im Fahrzeug montieren, **Abb. 4.**
- Achtung:**  
**Feder-Dämpfer-Einheit nicht „verspannt“ einbauen. Siehe allgemeine Einbauanweisung!**

#### Hinweis:

Zum Korrigieren der Fahrzeughöhe ist die Feder-Dämpfer-Einheit auszubauen und zu zerlegen.

Eingestelltes Maß X Vorderachse	
Links	Rechts

Eingestelltes Maß X Hinterachse	
Links	Rechts

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**Warning:**  
**Any non-observance of these installation instructions might lead to damage of the car and injury of persons. In this case H&R rejects any responsibility.**

**Attention:**

After installation wheel alignment and headlights have to be checked and adjusted to the factory specifications if necessary. A required calibration of driver assistance systems is to be made according to guidelines of the vehicle manufacturer.

**Note:**

Installation instructions do not replace the vehicle manufacturer's handbook. They do not claim to cover complete fitment and/or to regard every possible tolerance or source of error. Please find the latest version of this document on our website [www.h-r.com](http://www.h-r.com) after selecting your vehicle and the product under product-documents.

**Front axle (FA):**

**Vehicles with lifting system**

**Attention: Don't disconnect the pipes of the lifting system! The complete assembly must be done at the car! All surrounding components should be covered for protection.**

1. Disassemble the spring-damper-unit according to the manufacturer specifications with a spring compressor at the car. (Don't disconnect the pipes of the lifting system!)  
**Attention:** Do not damage piston rod, shock absorber housing, top cap and damper cable with connector.

**Vehicles without lifting system**

1. Dismantle the spring-damper-unit according to the manufacturer specifications out of the car and disassemble it.  
**Attention:** Do not damage piston rod, shock absorber housing and top cap!
2. Clean the thread of the height adjuster thoroughly.
3. The desired ride height has to be adjusted in dismantled condition by hand. Otherwise the thread could be damaged. Spring plates have to be counteracted.

**Rear axle (RA):**

1. Dismantle the spring-damper-unit according to the manufacturer specifications out of the car and disassemble it.

**Attention:** Do not damage piston rod, shock absorber housing and top cap!

2. Clean the thread of the height adjuster thoroughly.
3. The desired ride height has to be adjusted in dismantled condition by hand. Otherwise the thread could be damaged. Spring plates have to be counteracted.

4. **Recommended adjustment dimension X RA, Fig. 3:**  

<b>488 GTB &amp; Spyder</b>	<b>220 - 240 mm</b>
<b>F8 Tributo</b>	<b>230 - 240 mm</b>

*(also see approval)*

(Distance between the top edge of the spring plate and the center of the shock absorber fixation)

5. The OE bump stops have to be reused, **Fig.3**.
6. Reassemble the spring-damper-unit with the H&R spring (label readable when installed). Assembly instructions and tightening torques according to the manufacturer specifications

Non-observance of these installation instructions may damage your car and cause personal harm.

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**Front axle (FA) continuation:**

4. **Recommended adjustment dimension X FA, Fig. 1:**
- |                             |                     |
|-----------------------------|---------------------|
| <b>488 GTB &amp; Spyder</b> | <b>245 - 265 mm</b> |
| <b>F8 Tributo</b>           | <b>240 - 250 mm</b> |
- (also see approval)*
- (Distance between the top edge of the spring plate and the center of the shock absorber fixation)

5. The OE bump stops have to be reused, **Fig.1.**
6. Reassemble the spring-damper-unit with the H&R spring (label readable when installed). Assembly instructions and tightening torques according to the manufacturer specifications.
7. Install the spring-damper-unit according to the manufacturer specifications in the car, **Fig. 2.**

**Attention:**  
**Don't mount the spring-damper-unit under tension. See general installation instructions!**

**Note:**

Dismantle the spring-damper-unit out of the car to change the ride height.

**Rear axle (RA) continuation:**

7. Install the spring-damper-unit according to the manufacturer specifications in the car, **Fig. 4.**

**Attention:**  
**Don't mount the spring-damper-unit under tension. See general installation instructions!**

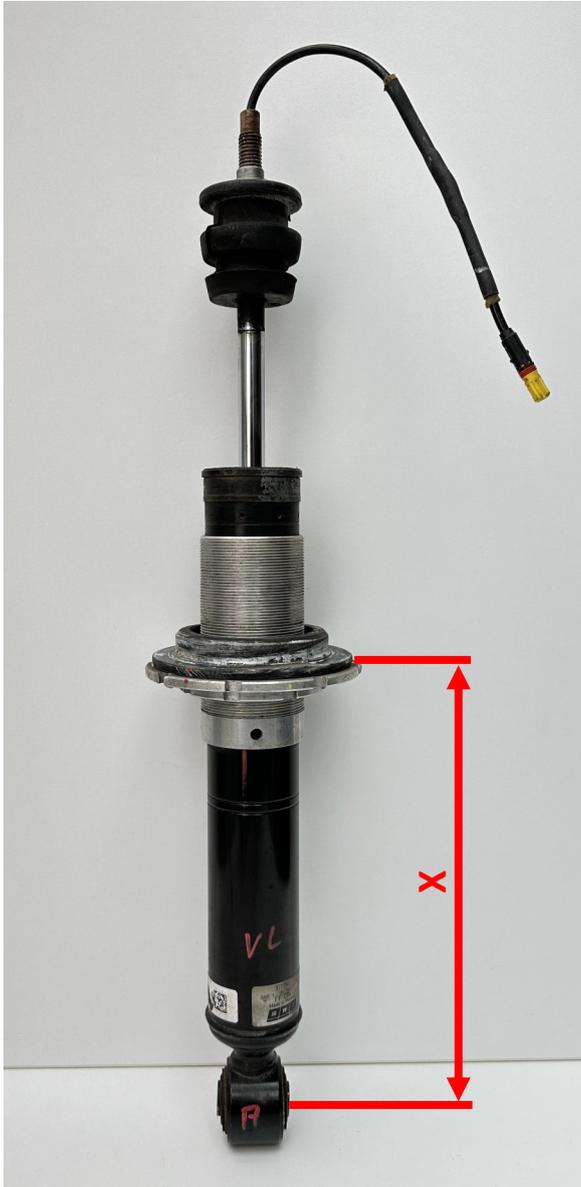
**Note:**

Dismantle the spring-damper-unit out of the car to change the ride height.

Adjusted dimension X front axle	
Left	Right

Adjusted dimension X rear axle	
Left	Right

Vorderachse/front axle



**Abb. 1:** Einstellmaß X VA (Abbildung ähnlich)  
**Fig. 1:** Adjustment dimension X FA (Fig. may vary)



**Abb. 2:** Eingebauter Zustand (Abbildung ähnlich)  
**Fig. 2:** Installed condition (Fig. may vary)

Nichtbeachtung dieser Einbauanweisung kann zu erheblichen Fahrzeug- und Personenschäden führen. / Non-observance of these installation instructions may damage your car and cause personal harm.

Hinterachse/rear axle



**Abb. 3:** Einstellmaß X HA (Abbildung ähnlich)  
**Fig. 3:** Adjustment dimension X RA (Fig. may vary)



**Abb. 4:** Eingebauter Zustand (Abbildung ähnlich)  
**Fig. 4:** Installed condition (Fig. may vary)

Nichtbeachtung dieser Einbauanweisung kann zu erheblichen Fahrzeug- und Personenschäden führen. / Non-observance of these installation instructions may damage your car and cause personal harm.